

1990 Region 7A Championship at Griggs Field, Duluth, June 2, 1990

Teams: Mesabi East 84, East Central 61, Esko 47 ½, Carlton/Wrenshall 46, Cromwell 42, Chisholm 37, Pine City 28, Eveleth-Gilbert 28, Hermantown 26, Greenway 22, Deer River 15, Barnum 14, Rush City 13, Albrook 10, Chisago Lakes 10, Hinckley 9 ½, Duluth Marshall 8, Bigfork 7, Cook County 6, Two Harbors 5, Northland-Remer 4, Tower 2, McGregor 2.

100

- 1 Ryan Bastianelli, E-G 11.28
- 2 Brett Cahoon, Cromw 11.36
- 3 Scott Ide, Chish 11.39
- 4 Chris Olson, Pine C 11.46
- 5 Jon Severson, Esko 11.69
- 6 Kingsley Potter, East C 11.70

200

- 1 Ryan Bastianelli, E-G 22.7
- 2 Brett Cahoon, Cromw 22.9
- 3 Scott Ide, Chish 23.3
- 4 Kingsley Potter, East C 23.8
- 5 Chris Olson, Pine C 23.8
- 6 Brad Smith, Deer R 24.0

400

- 1 Tom Strukel, Mesabi E 51.6
- 2 Brett Cahoon, Cromw 51.6
- 3 Brad Smith, Deer R 52.2
- 4 Dave Rauzi, Greenway 53.5
- 5 Clayton Weiby, Du Marshall 53.9
- 6 Chris Peterson, McGr 53.9

800

- 1 James Miklausich, Mesabi E 2:01.0
- 2 Kevin Olesen, Esko 2:02.6
- 3 Bill Kelley, Carlton/W 2:03.9
- 4 Bill McMurdo, Greenway 2:04.6
- 5 Terry Clennon, East C 2:04.7
- 6 Scott Newton, Greenway 2:06.0

1600

- 1 James Miklausich, Mesabi E 4:24.3
- 2 Randy McVean, Hermantown 4:26.0
- 3 Terry Clennon, East C 4:38.7
- 4 Steve Roberts, Chisholm 4:42.4
- 5 Matt Archambeau, Hermantown 4:43.9
- 6 Jon Lammi, Eveleth-G 4:44.6

3200

- 1 Randy McVean, Hermantown 9:54.3
- 2 John Bloom, Pine City 10:04.7
- 3 Steve Roberts, Chisholm 10:09.6
- 4 Mike Plackner, Greenway 10:26.2
- 5 Dan Lorch, Mesabi E 10:27.9
- 6 Seth Christianson, Two H 10:30.8

High Hurdles

- 1 Chad Christensen, East C 16.03
- 2 Chad Kieper, Rush C 16.21
- 3 Scott Kurtz, Mesabi E 16.5 hh
- 4 Jeff Peterson, Chisago L 16.7 hh
- 5 Jim Murphy, Tower 17.2 hh
- 6 Greg Jones, Esko 17.2 hh

Intermediate Hurdles

- 1 Chad Christensen, East C 41.1
- 2 Scott Kurtz, Mesabi E 41.9
- 3 Scott Antonutti, Esko 42.8
- 4 Rick Flatley, Greenway 42.6
- 5 Greg Jones, Esko 42.6
- 6 Jeff Peterson, Chisago L 43.5

4x100 Relay

- 1 East Central 45.41
- 2 Chisholm 46.12
- 3 Deer River 46.13
- 4 Carlton/W 46.29
- 5 Hermantown 46.36
- 6 Esko 46.78

4x400 Relay

- 1 Mesabi East 3:32.16
- 2 Esko 3:35.55
- 3 Eveleth-G 3:37.28
- 4 Hermantown 3:38.36
- 5 Greenway 3:41.24
- 6 Hinckley 3:41.47

Sprint Medley Relay

- 1 Carlton/W 3:41.71
- 2 Pine City 3:42.28
- 3 Duluth Marshall 3:44.22
- 4 Greenway 3:46.49
- 5 Esko 3:47.29
- 6 Eveleth-G 3:49.13

Shot Put

- 1 Jesse Bertolgiat, Esko 50-1
- 2 Trent Pfisthner, Cromwell 49-9 ¼
- 3 Dean Nielsen, Hinckley 47-3
- 4 Jim Eley, Chisago L 46-3
- 5 Scott Isaacson, Pine C 44-9
- 6 Marty Danielson, McGregor 42-8 ½

Discus Throw

- 1 Trent Pfisthner, Cromwell 147-8
- 2 John Saaristo, Carlton/W 139-2
- 3 Joel McDonald, Chisholm 137-9
- 4 Louis Bonneville, Barnum 135-3
- 5 Bob Klar, Hinckley 134-0
- 6 Chris Kestly, Chisholm 133-5

Long Jump

- 1 Jayson Hamilton, Carlton/W 21-5 ½
- 2 Tom Strukel, Mesabi E 20-11
- 3 Mike Larson, East C 20-10 ½
- 4 Tom Nelson, Two H 20-4
- 5 Chris Olson, Pine C 20-1
- 6 Derrick Gross, Bigfork 19-7 ½

Triple Jump

- 1 Tom Strukel, Mesabi E 41-11
- 2 Jayson Hamilton, Carlton/W 41-2
- 3 Gino Anselmo, Bigfork 40-10
- 4 Mike Larson, East C 40-6 ½
- 5 Darrin Freetly, Pine C 40-3
- 6 Matt Parris, Esko 39-11 ½

High Jump

- 1 Damion Paulson, Albrook 6-0
- 2 Mike Larson, East C 5-10
- 3 Dan Carlson, Cook C 5-10
- 4 Robert Holmes, Northland-R 5-10
- 5 Steve Watson, Mesabi E 5-9
- 6 Scott Antonutti, Esko 5-8
- 6 Dan Louvar, Hinckley 5-8

Pole Vault

- 1 Jason Peterson, Barnum 13-0
- 2 Tony Legueri, Mesabi E 13-0
- 3 Ryan Townsend, Esko 11-6
- 3 Joe Errington, Rush C 11-6
- 5 Eric Drotts, Deer Rvr 11-0
- 6 Matt Orpin, Chisago L 11-0

* Ties Meet Record

** New Meet Record

Notes: